

Date: 23 April 2021

Issue no.: 13

Dear Parents, Guardians & Learners

This week we celebrated Earth Week, due to Earth Day on 22 April. In doing this, we need to realise that Earth Week cannot be a once-a-year occurrence but must become a way of life. Reducing our carbon footprint by reusing, reducing, and recycling is essential. While there are many ways to reduce your carbon footprint and save energy—such as insulating your home, putting up solar panels, and planting trees—the following are simple and easy changes you can make. They require little effort or financial investment.

Your carbon footprint is the amount of greenhouse gases—including carbon dioxide, methane, nitrous oxide, fluorinated gases and others—that you produce as you live your life. The Deep Decarbonization Pathways Project determined that to hold the global temperature rise to 2°C or less, everyone on earth will need to average an annual carbon footprint of 1,87 tons by 2050.

Here are some of the easiest ways you can start to shrink your carbon footprint:

Eat low on the food chain. This means eating mostly fruits, veggies, grains, and beans. Livestock (meat and dairy) is responsible for 14,5 percent of manmade global greenhouse gas emissions, mainly from feed production and processing and the methane (25 times more potent than CO₂ at trapping heat in the atmosphere over 100 years) that cattle and sheep belch out. Every day that you forgo meat and dairy, you can reduce your carbon footprint by 3,6 kg. That is 1324 kg per year.

Choose organic and local foods that are in season. Transporting food from far away, whether by truck, ship, rail or plane, uses fossil fuels for fuel and for cooling to keep foods in transit from spoiling. Buy **foodstuffs in bulk** when possible and use your own reusable container.

Reduce your food waste by planning meals ahead of time, freezing the excess and reusing leftovers. **Compost** your food waste if possible.



Buy less stuff! And buy used or recycled items whenever possible. Take your own **reusable bag** when you shop and try to avoid items with excess packaging.

If you are in the market for a new computer, **opt for a laptop instead of a desktop.** Laptops require less energy to charge and operate than desktops. When shopping for appliances, lighting, office equipment or electronics **look for ENERGY STAR PRODUCTS** which are certified to be more energy efficient. Always support and buy from companies that are environmentally responsible and use sustainable resources wisely.

We thank all our parents and learners who were actively involved in the recycling drive this week and ask that you continue to support Curro Aurora's recycling drive. Together, we do make a difference!

PARENT MEETINGS



Thank you to all parents who made use of our very first online parent meeting opportunity.

PARENT MEETING



The feedback we receive from parents is most valuable. It is only in partnership with teachers, parents, and learners that academic success is possible.

PUNCTUALITY



TEMPERATURE SCREENING AND
RECORDING IS FROM

06:45 TO 07:45

SCHOOL STARTS AT **07:45** WITH TUTOR
LESSON.



(Teachers who are on duty to do screening in the mornings also need to be in class by 7:45.)

SCHOOL ATTENDANCE



We are extremely grateful to be able to run classes at 100% capacity again.

Our sanitising and recording procedures remain in place and learners are reminded that social distancing and the wearing of masks remain our main ammunition in the fight against COVID19.

Online learning platforms will still be utilised for those learners with comorbidities in the family who have provided written confirmation thereof to their respective Grade Heads.

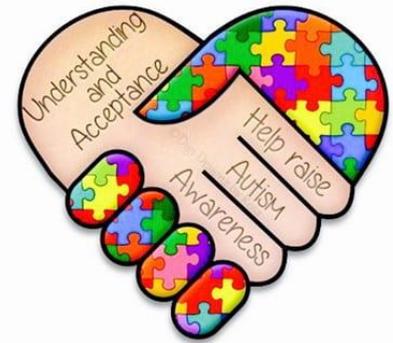
DIVERSITY

Mrs Lashantha Reddy

Autism Awareness and Acceptance Month

Autism, also called Autism Spectrum Disorder (ASD), is a complicated condition that includes problems with communication and behaviour. It can involve a wide range of symptoms. The symbol representing autism has traditionally been the puzzle piece with the various colours to represent the spectrum. Advocates for Autism are now moving toward the infinity symbol for neurodiversity.

This April is Autism Acceptance Month (AAM). Curro Aurora is proud to celebrate Autism Acceptance Month by embracing differences and becoming more inclusive of individuals with autism. This month was previously known as Autism Awareness Month, however, in 2021, the Autism Society is taking to changing the title to Autism Acceptance Month. The aim is to build acceptance in communities and schools for people on the Autism spectrum.



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Wednesday the 28th of April. Learners will wear multicoloured socks promoting awareness and acceptance to ignite change.

You can play a role in the Autism community by learning more and finding a resource you can use to help improve the life of individuals on the spectrum and support their families.

To find out more about Autism, please visit the Autism South Africa website:
<https://aut2know.co.za/>



SLIPPER DAY



Slipper Day is Reach For A Dream's most celebrated fundraiser and this year, Slipper Day is scheduled to take place on **Friday, 7th of May 2021.**

Last year Slipper Day had to be postponed due to COVID-19 and as a result, had a devastating impact on the foundation as a whole. This year Reach For A Dream is determined that dreams cannot be locked down and would like to encourage all Slipper Day supporters, volunteers and friends to gear up and get ready by purchasing a supporter sticker for only R20. For every sticker purchased, you can enjoy a free Famous Wimpy Coffee on Slipper Day, 7 May.

GREEN CAMPUS - EARTH DAY 2021

Sabrina Freeman

As I'm sure you may have heard by now, Wednesday, 22 April was Earth Day!

The tradition on Earth Day is to not use any electricity for the whole day (yikes) and the Green Campus Council challenges everyone to do exactly that (on any day of your choosing): turn off lights if they don't need to be on, don't boil the kettle 3 times in 1 hour, try making cold meals rather than cooking.

These activities may seem rather trivial, and they might be. So why do we do them? Earth Day is not only an opportunity for us to give back to the Earth but also to appreciate how much She does for us. If you need a quick reminder of how important the Earth is, just take a look outside for a second. All those green trees (and the algae, of course) ensure that every morning you wake up with enough oxygen for the day and so they keep us all alive. We are yet to return the favour to our common Mother; we are killing the Earth.

Earth day is a day of celebration, it is a chance to renew our appreciation for this planet and make a small effort to help her in her survival.

I know that even without online learning, asking everyone to go electricity free for a day would be a struggle. And so, the Green Campus has found many ways in which you can easily give back to the Earth. We wish you all the best with this little challenge and hope you enjoy!

1. Try a vegan or vegetarian meal. (there are some really tasty recipes here: <https://www.loveandlemons.com/vegan-recipes/>)
2. Plant something! Return some life to the planet that keeps on giving to us.
3. Shower quickly; every drop counts!

4. Use a reusable coffee cup/container if you're grabbing a meal somewhere else today.
5. Carpool. Catch a ride with someone else but remember to stay Covid-safe!
6. Ditch the plastic. Take note of how many times you use plastic today and, where possible, ditch it! This is a little reminder to pack those reusable bags before you go shopping.
7. Start recycling. It becomes second nature once you get used to it, and there's a recycling facility right at school! No reason not to try it out.
8. Start composting and get your hands on that free fertiliser.
9. Join some climate action movements or simply learn more about the state of our world. Here are some of Green Campus Council's favourite sites to check out:

Fridays for Future - <https://fridaysforfuture.org/>=

Extinction Rebellion Youth - <https://mobile.twitter.com/xryouth?lang=en>

ZeroHour - <http://thisiszerohour.org/>

Greenpeace Africa - <https://www.greenpeace.org/africa/en/>

10. Make an eco-brick. We did! A group of learners from the Green Campus Council encouraged others to join them on Friday last week. The eco-bricks made will be donated to help build a classroom in Diepsloot.

The Green Campus council will also be hosting a school clean-up of litter on **Friday 23 April** straight after school for 1 hour. This hour can be used in your school service hours. Meet in the Amphi and bring gloves, black bags and good vibes.

REMEMBER: Bringing recycling to school can now count towards your service hours too. One full black bag = one service hour.

We all hope you have a wonderful Earth Day celebrating this beautiful planet!

"There are no passengers on Spaceship Earth. We are all crew" - Marshall McLuhan



Recycling Plant

Dear Parents/Guardians

We would like to extend the use of our recycling plant to our Curro Aurora families.



Kindly only use the Puttick Road entrance to the recycling plant.

We only accept paper, plastic, glass and cans!

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CULTURE



CURRO CAS 2021

All Curro CAS PERFORMANCE entries (Act It! Sing It! Play It! Move It! Read It! Make It!) will be recorded at school in allocated slots in the week of the **3rd – 7th of May 2021**.

Please make sure that each entrant books and confirms a personal session with one of the teachers involved to rehearse and finalise their entries.

CHOIR

Miss Kyla Hayter

“Music is everywhere. It’s in the air between us waiting to be sung,” David Levithon.

CHOIR IS BACK! I would like to formally welcome all our new choir members and Mr Venter, our instructor.

It is with much excitement and anticipation that we held our first official choir meeting this year. Though we were meeting in Term 1; due to COVID-19 regulations, we could not actually sing at our “in person” meetings. This sounded so foreign – how to practice choir with, what must be, the most important component? Through the guidance of Mr Venter, however, our choir rose to the challenge; learning about the songs, their structures; how to properly read music; rhythm and tempo and so much more.



Their continued dedication and commitment throughout the challenges of last term, made me even prouder and more emotional when hearing their voices as a choir once again. Not to brag, but they are AMAZING!!

We are looking forward to a wonderful and productive term of singing ahead. The choir will be working through some popular and catchy songs such as “Lovely” by Billie Eilish, “We can Dream” and the classic favourite “Build me up, Buttercup”.

If you are interested in joining, please come find me, Ms Hayter, in classroom SA2. Rehearsals are every Monday evening from 17h00 – 18h30. My classroom is available to learners staying from after school for them to work.

Face-shields on; hands sanitised – let’s get ready and SING!

CREATIVE WRITING



Don't miss this opportunity! Mrs Gallon has started the Creative Writing Course.

Sessions will be on **Thursdays from 14:40 – 15:30.**

Do not hesitate to contact Mrs Gallon if you have any queries.

RUNNING FOR A REASON

Ms Nicole Webb

I have been an avid runner and fitness fanatic for possibly my whole life. From the age of 3, I would be up in the mornings doing "Body Beat" (for those of us old enough to remember), go on to becoming an aerobics and spinning instructor, and now being one of those crazy individuals running at ridiculous times of the day or night.

Running is an integral part of life and is my absolute passion – it makes me a better person! The Comrades Marathon has now been cancelled for 2 years in a row, and this has always been my favourite running race of the year. I have completed four Comrades marathons, with a personal best of 8:14.

This past year, I have had some challenges in my own personal life, and running has been my sanity in dealing with trying times. Training for 90km has given me a goal and a purpose; and given me something to look forward to doing every day.

I know that this year will be extremely tough, given that I will be doing the 90km on my own and without the thousands of supporters carrying me through. However, this is definitely not as tough as the lives of many around us.



Supporting Kidz with cancer

I am running my 90km for Rainbows and Smiles, and when my legs feel like they cannot carry on anymore and my mind starts to give up on me, I will think of those so much less fortunate than me and know that if they can continue, so can I!

If you would like to donate to the foundation and support me on my endeavour please use the following link: <https://www.backabuddy.co.za/nicky-rainbows-hopechallenge2021>

IN THE GEOGRAPHY CLASSROOM

Mrs Janine Tobin



With Earth Day this week, the Geography learners have been focusing on how people impact the natural environment and what this means for long term sustainability. We have learnt about how recycling is important and, at the same time, our focus is on supporting the natural environment, by using our recycled waste in a positive way.

With winter on its way, birds need additional food sources to sustain them and our Grade 10 learners have been helping them by building birdfeeders made from recycled materials.

The aim is to make positive changes in our own gardens for the benefit of the ecosystems around us.

ACADEMIC TOP TEN

POS	GRADE 8		GRADE 9	
	Surname	Name	Surname	Name
1	Malherbe	Apolline Zoe Nicole	Little	Laila
2	Singh	Seyana Tarita	Chunnilall	Pooja
3	Pugh	Keira Erin	Harber	Paul Elijah
4	Seooe	Pabala Zonke	De Araujo	Jayden Anakin
5	Harmse	Kalinda Marie	Damari	Livhuwani Axola
6	Stephen	Nikhil	Wentworth	Matthew James
7	Stroud	Paige Sandra	Desai	Jayden Louis
8	Steenveld	Cassidy Allegra	Zharare	Munotida Mudiwa
9	Buckley	Larissa May	Ndlovu	Buhlebenkosi Faith
10	van Achterbergh	Tiana	Manyathi	Onalerona Senzelwumusa

POS	GRADE 10		GRADE 11	
	Surname	Name	Surname	Name
1	Naidoo	Deyara	Rudman	Ciara Downing
2	Akpoduado	Efetobore Christabel S	Bhugwandeem	Sonali
3	Mchunu	Shenade	Ragoobeer	Rae-Kyndra
4	du Plessis	Dean Corbin	Daniels	Joshua Adam
5	Rypstra	Jared	Ababio	Frema Akua
6	Greeff	Zita Elizabeth	Chetty	Elijah David
7	Fourie	Michael Sean	Bloom	Oliver James
8	Hlophe	Thembehle Carol	Khan	Furqaan
9	Katsoka	Judith Makomborero	Ramavhunga	Siyasanga
10	van Heerden	Sharnley Cassandra	Mahonko	Matsibe Tshepang

POS	GRADE 12	
	Surname	Name
1	Freeman Agliotti	Sabrina
2	Mahlangu	Siphesihle Sibusiso
3	Myburgh	Erique Ryan
4	Winterbach	Megan
5	Hillebrand	Alika
6	du-Pont	Rebecca Pytsje
7	Moodliar	Sonali
8	Strydom	Anton William
9	Nozic	Gaia Milka
10	Singh	Rahoul

Congratulations to our Term 1 top ten achievers. We are exceedingly proud of you!

SPORT

Mr Adrian Ferreira

High School Sports Programme – Term 2 2021

- eSport dates etc. not confirmed yet.

Sport	Teacher in charge	Practice days and times	Match/Competition days
Cross Country & Fitness and Conditioning:	Ms N Webb & Mr C Hourquebie	Monday & Thursday: 14:45-15:30	Mondays & Fridays
Cheerleading:	Mr S Krause	Monday and Thursday: 15:00-16:30	Saturdays
Equestrian	Mrs J Tobin & Mrs R Ragoobee	N/A	Saturdays & Sundays
Golf	Mr A Ferreira	N/A	Mondays
Boys' & Girls' Hockey:	Mrs N van Biljon	Monday & Thursday: 15:00-16:30 (Times may differ depending on astro availability on match days)	Mondays, Wednesdays & Thursdays
Mountain Biking	Mr J Wernich	Friday: 14:30-15:30	Saturdays
Netball:	Mrs E Trovato & Ms I Strydom	Monday, Wednesday & Thursday: 15:00-16:30	Mondays & Thursdays

Rugby:	Mr W Hammond	Monday, Wednesday & Thursday: 15:00-16:30	Saturdays
Boys' and Girls' Tennis	Mr A Neethling & Mrs J Tobin	Monday & Wednesday: 15:00-16:00	N/A

Inter-school hockey matches resumed this week. The netball teams play their opening fixture of the season on Wednesday, 28 April. As per SARU regulations, rugby matches may resume in May.

The following sports fixtures will resume in May:

- Cross Country
- Golf
- Mountain Biking
- Rugby

With the full complement of learners at school every day, attendance at all practices and matches is expected.

HOCKEY ON THE RISE AT CURRO

Mrs Nadia van Biljon

Field Hockey is one of the most fast-paced growing sports in the world. It is also one of the most skill-based sports you will find. Most sports involve the use of a ball, but the inclusion of a stick as well requires immense co-ordination, concentration, and skill.



It is scientifically proven that taking part in a sport that requires intense hand-eye coordination has a positive impact on academic performance because it not only encourages brain enhancement and cognitive function, but it also leads to a higher desire and willingness to participate in school life.

I have watched the players at Curro Aurora grow from strength to strength over the past few weeks, and the pinnacle of this growth shone at our first fixtures this past week where all of our teams, boys and girls alike, walked away undefeated against two top performing schools: Rand Park High School and Hoërskool Linden. Our teams displayed bravery, commitment, BLUE PRIDE and unwavering sportsmanship, and they ought to be extremely proud of themselves.

I would like to extend an open invite any learner who is interested in the game to come and join us. We are a hockey family and welcome all players, regardless of skill level. I truly believe that this sport teaches us many skills, inclusive of life skills and internalised values that will stay with us for the rest of our lives.

HOCKEY RESULTS:

The girls' teams hosted Rand Park High School and the boys' teams played at Hoërskool Linden on Wednesday, 21 May.

- 1st girls drew 0-0
- Junior girls drew 0-0
- 1st boys won 3-2
- Junior boys won 3-0



High School sports fixtures:

Date	Sport	Opponents/Hosts/Event/Venue	Teams
Wed 28/04	Boys' & Girls' Hockey	@ Crawford College Lonehill	Boys: 1st & u/15 Girls: 1st
Wed 28/04	Netball	Curro Academy Wilgeheuwel @ Curro Aurora	1st, u/17, u/15 & u/14
Thu 29/04	Boys' & Girls' Hockey	Curro Academy Wilgeheuwel @ Curro Aurora	Boys: 1st/ & u/15 combined Girls: 1st/ & u/15 combined

GOLF RESULTS:

The CGGU/Aspire Atlantic Championship took place at The River Club on Monday, 19 May. Based on their performance throughout the three 'Race to River Club' tournaments, the following qualified and finished in the following places:

- Stefano Marchetti: 2nd
- Kael Strydom: 20th

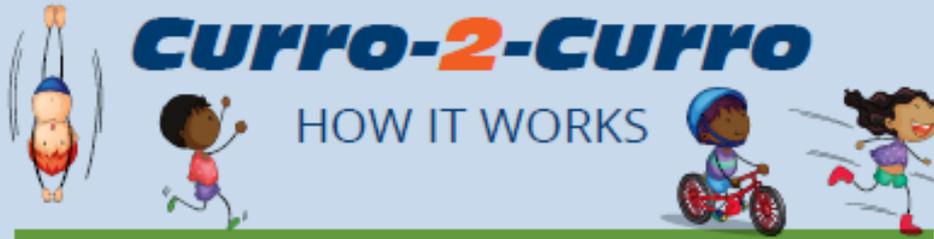
Curru2Curro challenge

Mr Jono Wernich

Curro Aurora is challenging all their athletes and staff to participate in the Curro2Curro challenge! Athletes need to run, walk, cycle or swim as far as they possibly can from Monday 3 May to Friday, 28 May. This can be done anywhere! (You might want to find a few little downhill)

Teams of four from the same Curro school will collectively accumulate as many kilometres as possible by either running, swimming, cycling or walking. Teams will receive a goodie bag after entering! We need all our staff and learners involved as every metre and kilometre will count! So enter a team of 4 and help Curro Aurora become the Curro2Curro Champions!

Once you have entered using the link, please send team names to Jonathan Wernich (Jono.w@curro.co.za) by 10am on Friday, 23 April.



CURRO-2-CURRO

HOW IT WORKS

CHALLENGE: A virtual team challenge for all Curro learners and staff in May 2021.

FORMAT: Teams of four from the same Curro school to collectively accumulate kilometres by either running, swimming, cycling or walking. Team members do not have to exercise as a team and are most welcome to exercise at a time and place that fits into their daily programmes. Each member of the team can choose which of the four disciplines they want to do.

ROUTE: Starts at Curro Bloemfontein on Monday, 3 May 2021, visits all the Curro schools along the way and finishes at Curro Langebaan four weeks later on Friday, 28 May 2021 – a total of 7 969 kilometres. For this challenge, 1 kilometre = 20 virtual kilometres.

The route is divided into four weeks which means that each team needs to complete 100 actual kilometres per week and a total of 400 actual kilometres for the entire challenge.

See the Curro-2-Curro route attached and the weekly recommended route as Curro Sport will be presenting the challenge on their social media pages.

AIM: The challenge is twofold. Firstly, to encourage both learners and staff to exercise regularly while having fun with their teammates. Teams that complete the challenge of 400 kilometres will be rewarded with a Curro-2-Curro certificate.

Secondly, to encourage mass participation. To be crowned Curro-2-Curro champions, schools are challenged to enter 20 or more teams and to collectively accumulate the total distance of 7 969 kilometres.

ENTRIES: Entries close on Friday, 23 April 2021 after which teams will receive their goody bags with race numbers, Momentum-sponsored buffs, and logbooks for recording their weekly progress. Each team is to select a team name and team captain. Click on the link below for the entry form:

<https://forms.office.com/r/Y7iziqPhD0>

WEEKLY SUBMISSIONS: The team's progress is to be submitted to challenges@curro.co.za by close of business on the following Fridays:

Week 1: Friday, 7 May 2021

Week 2: Friday, 14 May 2021

Week 3: Friday, 21 May 2021

Week 4: Friday, 28 May 2021

Submissions are to be accompanied by photos of the team in action during that week wearing their buffs, as well as the evidence of the distances completed – screenshots of your Fitbit or Strava, etc.

THE FUN FACT BONUS CHALLENGE:

Additional challenges which entitle teams to qualify for lucky draw prizes (vouchers from Sportsmans Warehouse) at the end of each week. On a Monday, fun facts will appear on the social media pages of the schools that will be visited that week on the said route. Teams wishing to qualify for the lucky draw at the end of the week, then select the fun fact that appeals to them, make a 10-second video that depicts this fun fact and submit the video to challenges@curro.co.za by 17:00 on that Friday.

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For more information or any queries, please contact cindy.v1@curro.co.za or 066 185 3601.



ANNUAL APT GOLF DAY

Come and join us for a round of golf.



Date: Friday, 14 May 2021

Tee-off time: From 10:45

Venue: Eagle Canyon Golf and Lifestyle Estate, Honeydew

Format: Better ball Stableford

Cost per four-ball: R2 800
(includes two golf carts, drinks on the course, dinner and prize)

Hole sponsor: R1 500

Four-ball and hole sponsor: R3 800

Prize donations welcomed!

For more information, please contact Sean McTiernan:

082 904 2979 | macsupply@telkomsa.net

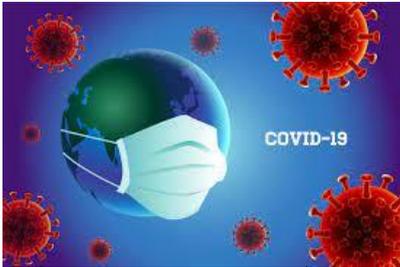
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WEARING A MASK TO SCHOOL

Mrs SJ Olivier



A mask **MUST** be worn at all times. Remember that your cloth mask must have a minimum of two layers. You may not re-use a single use mask. Always wear your mask correctly! The mask must cover your nose and your mouth and fit snugly over the bridge of your nose and against the sides of your face.

Before you put your mask on, wash or sanitise your hands properly.

Remember that you must wear your mask when you arrive at the school gate to have your temperature checked and recorded. Avoid touching your mask while you are wearing it. Wash your mask after every use.

CONTACT DETAILS OF SCHOOL MANAGEMENT AND GRADE HEADS:

Receptionist	Cindy Duma	Cindy.D3@curro.co.za
Head of High School	Dion Kotze	Dion.K@curro.co.za
FET Phase Head	Sarah-Jane Olivier	Sarah-Jane.O01@curro.co.za
Snr Phase Head	Donne Valkenburg	Donne.V1@curro.co.za
Head of Sport	Adrian Ferreira	Adrian.F@curroholdings.co.za
Head of Culture	Saskia Snyders	Saskia.S@curro.co.za
Grade 12 Heads	Judy Beeston	Judy.B@curroholdings.co.za
	Anita Bornman	Anita.B@curro.co.za
Grade 11 Heads	Janine Tobin	Janine.T@curro.co.za
	Geneva Schmidt	Geneva.G1@curro.co.za
Grade 10 Heads	Kelsey Gallon	Kelsey.G2@curro.co.za
	Loutjie de Wet	Loutjie.D@curro.co.za
Grade 9 Heads	Kyla Hayter	Kyla.H@curro.co.za
	Warrick Hammond	Warrick.H@curro.co.za
Grade 8 Heads	Hayley Dawson	Hayley.D2@curro.co.za
	Craig Hourquebie	Craig.H2@curro.co.za

We wish you and your loved ones continued health – please keep safe.



Yours in education,

Dion Kotze
Head of High School

Understanding *Cyberbullying*

Is someone making you feel embarrassed, uncomfortable or asking you inappropriate questions when you are online or using other technology? You have been targeted by a cyberbully.

What is cyberbullying?

- The sending of threatening or intimidating messages
- The posting of negative, hurtful or harmful information or pictures of someone else
- The sharing of private information designed to humiliate someone else

How are cyberbullies different from other bullies?

They hide behind technology because they don't have the courage to make statements honestly; they believe they are not accountable for the pain and cruelty they inflict on their victims.

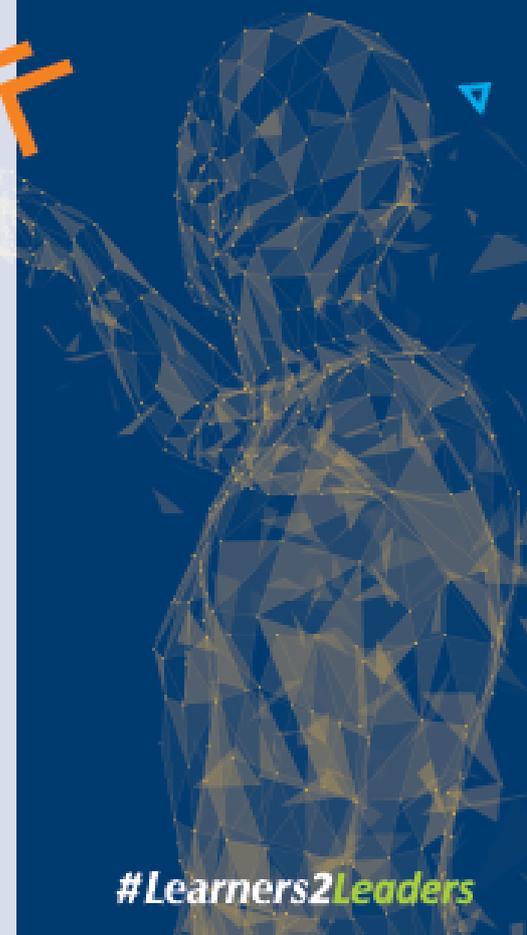
How serious is cyberbullying?

Cyberbullying is very serious as one might feel that it will never end, because the bully is right there, in the privacy of your own home, where there is little or no escape; this leads to negative feelings, such as anxiety, shame, pain and anger.

Take action!

You must seek help by reporting them or the bullying will never stop; remember, they think they are untouchable – but they are not.

Don't be guilty of cyberbullying yourself!



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