

Week 1

**Aftercare
Menu**



MONDAY

LUNCH

Lasagne
&
salad

**AFTERNOON
SNACK**

Fruit wedges

TUESDAY

LUNCH

Fish fingers
&
mash with
veg

**AFTERNOON
SNACK**

Yogurt &
fruit

WEDNESDAY

LUNCH

Chicken pie
&
rice

**AFTERNOON
SNACK**

Jam
sandwich

THURSDAY

LUNCH

Meaty stew
&
Veg

**AFTERNOON
SNACK**

Popcorn

FRIDAY

LUNCH

Yummy pizza

**AFTERNOON
SNACK**

Cheese
sandwich

Week 2

Aftercare Menu



MONDAY

LUNCH

Cottage pie
&
carrots

**AFTERNOON
SNACK**

Fruit salad

TUESDAY

LUNCH

Cheesy pasta
&
butternut

**AFTERNOON
SNACK**

Biscuits &
fruit

WEDNESDAY

LUNCH

Chicken pie,
sweet potato
&
veg

**AFTERNOON
SNACK**

Popcorn

THURSDAY

LUNCH

Sausage
&
mash with
beans

**AFTERNOON
SNACK**

Muffin & fruit

FRIDAY

LUNCH

Sausage roll
&
chips

**AFTERNOON
SNACK**

Ice cream
cones

Week 3

Aftercare Menu



MONDAY

LUNCH

Spaghetti
bolognese

**AFTERNOON
SNACK**

Fruit &
yogurt

TUESDAY

LUNCH

Chicken ala
king
&
fresh veg

**AFTERNOON
SNACK**

Apples &
biscuits

WEDNESDAY

LUNCH

Chicken
strips
&
oven chips

**AFTERNOON
SNACK**

Popcorn

THURSDAY

LUNCH

Mince, mash
&
veg

**AFTERNOON
SNACK**

Sandwich &
fruit

FRIDAY

LUNCH

Yummy pizza

**AFTERNOON
SNACK**

Ice cream &
sprinkles

Week 4

Aftercare Menu



MONDAY

LUNCH

Cottage pie
& peas

**AFTERNOON
SNACK**

Fruit wedges

TUESDAY

LUNCH

Saucy pasta
& veg

**AFTERNOON
SNACK**

Yogurt &
fruit

WEDNESDAY

LUNCH

Meatballs
&
rice with
beans

**AFTERNOON
SNACK**

Jam
sandwich

THURSDAY

LUNCH

Creamy
butternut
mash, fish
fingers
&
veg

**AFTERNOON
SNACK**

Popcorn

FRIDAY

LUNCH

Hot dogs
&
chips

**AFTERNOON
SNACK**

Cheese
sandwich