

We realise that any change takes a bit of adjustment and therefore wish to implement the new lesson times as from Monday, 25 May. Please note that it is only an adjustment of lesson times – the timetable will be followed in terms of lesson sequence as it currently stands, with the exception of the cycle test period that has been moved to the last time slot on Wednesdays:

Monday, Tuesday, Thursday, Friday	
Time Slot	Activity
07:00 – 08:15	Arrive; Temperature screening; Sanitising
08:15 – 08:30	Tutor & Admin; Recording of temperatures
08:30 – 09:15	Lesson 1
09:15 – 10:00	Lesson 2
10:00 – 10:45	Lesson 3 (On Tuesdays the assembly period remains webinar)
10:45 – 11:05	BREAK – SOCIAL DISTANCING
11:05 – 11:50	Lesson 4
11:50 – 12:35	Lesson 5
12:35 – 12:55	BREAK – SOCIAL DISTANCING
12:55 – 13:40	Lesson 6
13:40 – 14:25	Lesson 7
14:25 – 15:00	BREAK / HOME TIME - SOCIAL DISTANCING
15:00 – 16:00	WEBINAR / ONLINE LEARNING grades 8 to 11 EXTRA CLASSES / ACADEMIC SUPPORT grade 12
Wednesday	
Time Slot	Activity
07:00 – 08:15	Arrive; Temperature screening; Sanitising
08:15 – 08:30	Tutor & Admin; Recording of temperatures
08:30 – 09:15	Lesson 1
09:15 – 10:00	Lesson 2
10:00 – 10:45	Lesson 3
10:45 – 11:15	BREAK – SOCIAL DISTANCING
11:15 – 12:00	Lesson 4
12:00 – 12:45	Lesson 5
12:45 – 13:30	CYCLE TEST PERIOD: ACADEMIC CATCH-UP; HOME/ BREAK STAFF MEETING
14:00 – 15:00	WEBINAR / ONLINE LEARNING grades 8 to 12

Not only will the adjusted times allow for the necessary time to follow the necessary safety protocols for learners and teachers coming onto campus, but will also allow learners still at home to join their families and enjoy early-morning lockdown exercise.

MR JC'S SONG FOR CURRO AURORA LEARNERS A HIT!

Congratulations to Mr JC who's song, "There's a place I know" has not only picked up more than 4000 views across various Facebook pages but also won him a Top 10 place in the national Curro "Lockdown Vasbyt" competition! The song, specially written for Curro Aurora learners learning from home, tells the story of a school that really cares and where can dreams take off and grow!



Curro Aurora's Executive Head, Mr JC Engelbrecht, wrote a special song for his learners while home during lockdown. We miss you!

14 May 2020

The lyrics to Mr JC's song:

THERE'S A PLACE I KNOW

There's a place I know
With love and joy on show
Where I can be myself
With books on every shelf

CHORUS

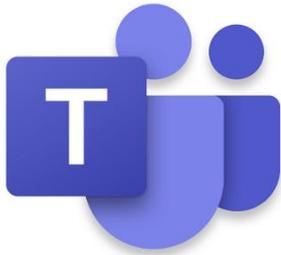
Curro is the place I know
Where people learn and grown
Where skies are always blue
A school that really cares 'bout me and you

There's a place I know
Where dreams take off and grow
Where we respect and share
Learn how to care

Repeat the chorus x 2

<https://web.facebook.com/CurroAurora/videos/1060740174326165/>

<https://youtu.be/-JZoDsxP6CI>



Tips for Teams:

1. Be active and engaged.
2. Be kind and supportive
3. Follow your timetable and try not to fall behind
4. Communicate with your teachers

The following was taken from AVANTI: “*Tips for Successful Online Learning*”

Available: <https://medium.com/@avantiinfo6/tips-for-successful-online-learning-e7106ba5f1a5>

Accessed: May 2020



CULTURE

Mrs Saskia Snyders

Culture Council



Our Culture Council (Alicia, Nothando, Mikyle, Dani, Bongani and Hlulani) have been working really hard on a new initiative. We would like to thank Maesela Katlego Sekoele for all his input, creativity and time. Watch this space Curro Aurora! #auroraCC

We also challenged the high school learners to CREATE. Thank you to each and every learner who has been sharing their creativity with us. Watch the Curro Aurora Facebook page as well as Instagram account to see what our tribe has been up to.

If you would like to share your creativity – please send your photos, videos, writing pieces to Saskia.s@curro.co.za

DARE TO CREATE: A POETRY SUBMISSION

This conversation needs no explanation – by Mishka Behari (Grade 9)

*People acting like this lockdown's a vacation
Tryna help without participation
Easing into it with no patience
Men Beating your wife as if there's no relation
Like Two people speaking with no correlation*

*She went to the station
With no verification
You say We are god's creation, but your actions are results of midnight hallucinations*

*Not asking for salvation
Caving into your temptations
Because you crave that physical sensation
Forgetting your foundations ,
Your mother gave you a good education
She was a great inspiration
But yet you still crave domination
And worry about your 'reputation'*

*Say she's 'yours' by sexual association
And Make her yours by forceful determination
Shame her by public humiliation
Taking her virginity as if its initiation
Giving her no, negotiation*

Show our women some appreciation. Let us be better than this old generation.

Curro CAS

A creative and friendly reminder to all our talented learners who entered a solo piece for the performance categories for this year's VIRTUAL Curro CAS that your recorded entries are due.

Thank you very much to those learners that have submitted their entries already.

It is exciting to see you all embrace this opportunity.

#iminolved #bluepride

– Curro Arts –
SUPERHERO
2020

– CURRO –
CREATE
ARTS SUPERHERO

**CAS Has
Gone Virtual**

Check out Curro Create's
YouTube channel for tutorials and
learn from the masters.

CURRO

#Learners2Leaders

A BIG creative thank you to every learner who has submitted their Curro CAS entry. Solo Performance Entries, please make sure that you follow the steps that have been communicated on the Microsoft Teams platform. Stay Creative! Stay Healthy!

COVID-19 ARRANGEMENTS / RETURN TO SCHOOL Gr 7 & 12



The go-ahead has been given for by educational minister, Minister Angie Motshekga, for learners in Grades 7 and 12 to return to school as from 1 June 2020. As we gear for the reopening of schools as of 1 June 2020, it is important for parents and guardians to be aware of our readiness.

We assure you that all the necessary precautions are being taken and that we will be ready to receive our learners.

Please pay a visit to our website for the latest on Curro during the time of COVID-19.

<https://www.curro.co.za/covid-19/>

Curro Aurora will be ready to implement the necessary safety precautions and procedures as detailed in a Standard Operating Procedures document. These procedures include safety aspects and procedures that teachers, learners, parents, visitors to the campus and auxiliary staff will need to adhere to strictly.

The wearing of personal protective equipment (PPE) will be compulsory and face masks will be provided to learners by Curro when they arrive at school for the first time after lockdown. **Temperature screening and hand sanitizing will become part of our daily routine upon entering the school premises and continued social distancing and regular washing of hands will become a way of life for the foreseeable future.**

ONLINE CAREER and SUBJECT CHOICE ASSESSMENTS

Mrs Tina Doukas, our campus-based educational psychologist is offering online Grade 9 subject choice and Grade 10 to 12 career assessments.

ONLINE

MIND + me

Grade 9 Subject Choice and Grade 10 - 12 Career Assessments

- Online Psychometric Assessments (2 - 3 hours)
 - Testing Aptitude, Personality and Interests
- Full Report and Feedback
- Secure Online Platform
- Medical aid accepted

For Bookings, please contact Tina Doukas (Educational Psychologist)
Mind + Me Psychology Practice
071 715 2406 / tina@mindandme.co.za / HPCSA Reg. No. 0125130

CHILDREN LIVING UNDER COVID-19 LOCKDOWNS

Children living under COVID-19 lockdowns, social restrictions and school closures are dealing with feelings of anxiety, with many at risk of lasting psychological distress.

There is no reason to panic. If you **stay informed** and take the necessary **precautions**, you can keep yourself and others safe.

It is very important to remember that children look to adults for guidance on how to react to stressful events. If parents seem overly worried, children's anxiety may rise. Parents should reassure children that health and school officials are working hard to ensure that people throughout the country stay healthy.

Anne-Sophie Dybdal, Senior Child Protection Advisor at the Mental Health and Psychosocial Support Unit of Save the Children, said: *"People who are outside regularly have a lower activity in the part of the brain that focuses on repetitive negative emotions. This is one of the reasons children can slide into negative feelings or even depression during the circumstances they are living in now."*



Children need factual, age appropriate information about the potential seriousness of disease risk and concrete instruction about how to avoid infections and spread of disease.

WINTER WARMER INITIATIVE



Curro Aurora High School's Culture Council is fully behind the community service winter warmer initiative!

They are inspired to create for the benefit of others. You too can join the Culture Council in supporting this - dare to start creating today and change someone's life for the better!

#currocares #learners2leaders #bluepride

SPORT

Mr Adrian Ferreira

Anyone with experience of parenting a teenager knows that it can sometimes be difficult to motivate a child of this age-group to try something new. Your teen may well be missing friends, or the routine of school or have other worries that also mean their motivation is low, but encouraging exercise is crucial for their health and well-being.

The researchers make a number of recommendations to families, health professionals, teachers and policy-makers on promoting healthy activity, including:

- taking the opportunity to go outdoors, while observing distancing regulations.
- incorporating physical activity into children's daily routines -- supported by use of electronic media -- and breaking up extended sedentary periods every 30 to 60 minutes; families should also be encouraged to join in while observing distancing regulations.
- keeping children's bedtime and rising time consistent, keeping screens out of the rooms where they sleep and avoiding screen use before bedtime.

Professor John Reilly, of Strathclyde's School of Psychological Sciences & Health, said: "The measures against COVID-19 are in place for a very good reason but this reduction in physical activity could be seen as an unintended consequence. It's important that people make whatever use of their environment they can and take the opportunities they can to keep physical activity going."

I have recently taken out my rowing machine and started my own exercise routine – watch out Kamilah! I encourage all learners to continue with skills and/or exercise in preparation for the resumption of the sports programme. Let's keep active and keep our focus. Education is more than occupying the mind with study.

 San Diego Union-Tribune ©



Available: <https://www.sandiegouniontribune.com/opinion/steve-breen/story/2020-04-20/proper-eating-and-exercise-are-key-to-good-lockdown-health> Accessed May 2020.

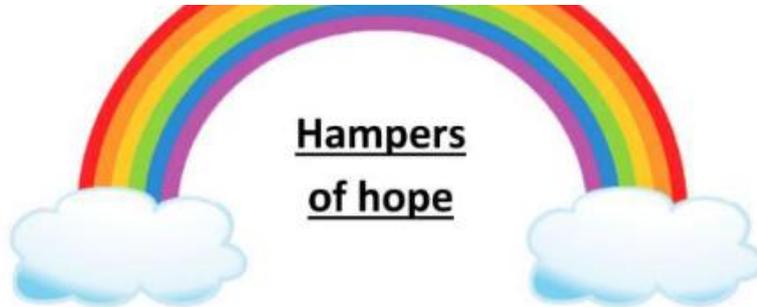
COMMUNICATION:

During this period of lockdown, it is vital that we have open communication channels as we will be expecting learners to continue their learning whilst at home. Various channels of communication are being used, including e-mails, WhatsApp groups, ITSI and Microsoft Teams.

Contact details of the School Management Team and Grade Heads herewith for easy reference:

Receptionist	Cindy Duma	Cindy.D3@curro.co.za
Head of High School	Dion Kotze	Dion.K@curro.co.za
FET Phase Head	Sarah-Jane Olivier	Sarah-Jane.O01@curro.co.za
Snr Phase Head	Donne Valkenburg	Donne.V1@curro.co.za
Head of Sport	Adrian Ferreira	Adrian.F@curroholdings.co.za
Head of Culture	Saskia Snyders	Saskia.S@curro.co.za
Grade 12 Heads	Nicole Webb	Nicole.W2@curro.co.za
	Maria Chou	Maria.C@curro.co.za
Grade 11 Heads	Judy Beeston	Judy.B@curroholdings.co.za
	Anita Bornman	Anita.B@curro.co.za
Grade 10 Heads	Janine Tobin	Janine.T@curro.co.za
	Wendy Longwitz	Wendy.L2@curro.co.za
Grade 9 Heads	Kelsey Gallon	Kelsey.G2@curro.co.za
	Brendan van Zyl	Brendan.v@curro.co.za
Grade 8 Heads	Kyla Hayter	Kyla.H@curro.co.za
	Warrick Hammond	Warrick.H@curro.co.za

HAMPERS OF HOPE



Curro Aurora's grade 10's are putting together food hampers but we need **all the help we can get!**

How can you help?

We would love for you to sponsor a hamper or more

All donations must be made by the 31st of May

Each hamper comprises of the following:

- Baked beans -3 tins
- Mielie meal 1kg
- Sugar -1kg
- Tea - pack of 100 teabags
- Flour- 1kg
- Baking powder
- Yeast
- jam
- Juice cordial

Each hamper costs **R150** and is going to be donated to **Fountainbleau community church**. Fountainbleau community church helps shelter the homeless.

**TOGETHER WE CAN
MAKE A DIFFERENCE**

For **more information** please feel free to contact :

Sivania Reddy- 0829318897

Rae-kyndra Ragoobee-
0826083688



GRADE 12 PARENTS: ENGLISH WEBCAST

The English Experience (publishers of English textbooks for IEB English) will be hosting a really valuable webcast event on the **12th of June from 15h00-17h00**, and they have invited the Grade 12s to attend.

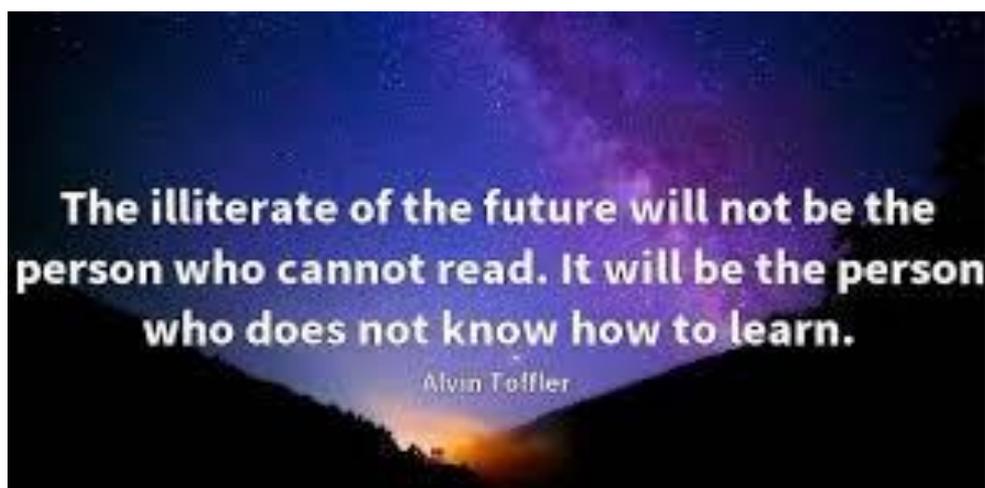
The webcast has 4 sessions for the Matrics:

- **Antony and Cleopatra** discussed by leading Shakespeare authority, Professor Chris Thurman
- **The Dream House** author Craig Higginson interviewed by literary luminary, Digby Ricci
- A session on **2025: The Future of Careers and Work** lead by Graeme Codrington
- A session on **Managing Stress and Anxiety in Uncertain Times** led by renowned psychologist, Hanan Bushkin

These sessions not only discuss the matric prescribed texts (*Antony and Cleopatra* and *The Dream House*) but will also provide your children with some guidance and reassurance during these uncertain times. Should your child join the webcast, an amount of **R100** (excluding VAT) will be debited in the month of June.

Please complete the Microsoft form at this link as a form of reply **by Thursday the 4th of June**:
<https://forms.office.com/Pages/ResponsePage.aspx?id=MXrG0HTVGUOpLktqiwUehbdckMAbZ25KrOCb9Zs9z7pURVc2WkE0QVNaTFJEU0ZMTVY3TDVVRVfVYTS4u>

THOUGHT TO PONDER:



We wish you and your loved ones continued health – please keep safe.

Yours in education,

Dion Kotze
Head of High School