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GAME/CHANGERS

6 March 2017

Dear Parents/ Guardians

From the Office of the Executive Head

'Sin' = missing the mark

As we enter the period of Lent, observed by many Christians, it is worth contemplating the notion of sin. The dictionary shows its origin as either Greek or Hebrew for 'missing the mark' – falling short of perfection in other words.

The English Biblical terms translated as "sin" or "syn" from the Biblical Greek and Jewish terms sometimes originate from words in the latter languages denoting the act or state of missing the mark; the original sense of [New Testament Greek](#) ἁμαρτία *hamartia* "sin", is failure, being in error, missing the mark, especially in spear throwing;^[7] [Hebrew](#) *hata* "sin" originates in [archery](#) and literally refer to missing the "gold" at the centre of a target, but hitting the target, i.e. error.^[8]
[Wikipedia]



Denzel Washington makes reference to falling short (failure) in this address to the University of Pennsylvania on '[Falling Forward](#),' and the need to pick oneself up and carry on, in order to succeed:

"Fall forward. Sometimes, it's the best way to figure out where you're going. Never be discouraged, never hold back, give everything you got, and when you fall throughout life remember this: fall forward."

Our staff meeting on Friday made reference to the idea that we should strive to reach our God-given potential and ensure that we help our learners see that that they are destined to fly. This is how we respond to the salvation Christ has wrought for us, in response to our 'missing the mark.'

Congratulations

High School RCL:

These learners have been called to *make* their mark as leaders in the high school:

Front l to r: **Jordan Panduva Gr9, Yaesh Fortune Gr8 and Elvira Narasimulu Gr10.**

Middle l to r: **Onike Ruselo Gr 11, Chloe Johnson Gr 11, Cheran Melite Gr 12, Rheece Major Gr 12 and Zara Samuels Gr 8.**

Back l to r: **Jesse de Oliveira Gr 9 and Matthew Muller Gr 10.**



Cole Davids and Youth Unplugged

The RCL, along with the Matric Council and other recognised leaders from the school will soon embark on a leadership project spearheaded by the well-known Cole Davids who has already addressed learners in Life Orientation lessons. Watch this space as we grow our leadership throughout and nurture the gameChanger in them, as we encourage them to take ownership of their school. None of that concept of 'growing future leaders.' Here at Pinehurst, we want our youngsters to that they are leaders NOW.



WeCan24

Our journalists are already showing their involvement in this 'Lead Today' philosophy and in keeping with our vision for the year of servant leadership, are drawing attention to the drive in the high school of 'clothing the poor.' Here is the latest piece of online publishing submitted to the Media 24 initiative, WeCan24, journo, **Maziko Kagoli**:

IF YOU CAN FEED BUT ONE, YOU HAVE CREATED CHANGE...

03 MARCH 2017 @ 9:12 | NEWS | 87 VIEW



According to the Hungerproject.org, 7.9 million people worldwide do not have enough to eat. Put that into perspective and you have ONE in NINE people who are undernourished on a daily basis.

Zoom that in... 26% of households in South Africa reported actively experiencing hunger in a 2012 survey conducted by the South African Health and Nutrition Examination. Yes, right here, in this country - our country.

Askideas.com

Step back...examine...reflect... Chances are, if you are reading this on your cell phone, tablet, laptop or computer, you possibly have never had to think twice about acquiring food. You eat when you're hungry.

When faced with the realities of world hunger, we only start to realise how incredibly privileged we are. All excuses aside, this makes it even more important for us to actively do our bit and create change, (if even for a season), and in turn foster hope.

MERIDIAN PINEHURST has thus embarked on introducing its second Social Awareness Campaign: the Lenten Food Drive. For the next 40 days, High School learners are to donate a can of non-perishable goods once a week. The donations will then be distributed amongst citizens in impoverished communities and shelters alike.

In a world where the boundaries between the rich and privileged and the poor are somewhat blurred, this is a heartfelt request to step out of your daily life of convenience and touch the lives of the needy.

Maziko Kagoli
Meridian Pinehurst

Nursery Masterchefs Pinehurst 2017

Our Nursery children had great fun being part of the Masterchef fundraiser which will enable the Nursery to purchase a much-needed laminator:

Group 3 Masterchef 2017:

We were all excited when our Mini Master chef took place on 20 February 2017.

We had lots of fun learning all about healthy habits and healthy/unhealthy



foods.

We started off with Chef Annecke telling us all about safety in the kitchen.

Chef Annecke had yummy treats to taste, some of which were sweet, sour and salty.

It was time to start making our smoothies, (fruit-shakes) and after washing our hands our teachers helped us cut up all the fruit, "nannas" and peaches.

It was real magic when Chef put all the fruit, yogurt and juice into a blender, and then we got to taste what we made! Wow! It was very nice and we enjoyed it very much.

Thank you teacher Tanya and Chef Annecke! We loved it.



Sonika Pienaar
Group 3 Group Head



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Group 4 Masterchef 2017:

The group 4s had a fun time experiencing how to make a smoothie by cutting up fruit and watched how it was mixed all together. They also loved tasting the different flavours of sweet, sour and salty. They were amazed by the end result and enjoyed the smoothies they made.

What a fruitful experience 😊

Kelleigh Grieb
Group 4 Educator





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Group 5 Masterchef 2017:

Our Group 5 learners thoroughly enjoyed their Master Class in smoothie making.

The children have been



learning about healthy food options in the weekly theme. The learners were enthusiastic to take part and follow direction from Chef Annecke. The smoothies were a hit, with the majority of our learners asking for more. Our mini chefs received a certificate and whisk for their participation in our Meridian Mini Master Chef class.

Tanya Loynes
Group 5 Head





Feedback from the Holocaust Museum

It is always heartening to receive positive feedback from outsiders about our learners. Mrs Hampton received the following letter from the Holocaust Museum, following the Grade 9s recent visit:

27 February 2017

Dear Tanya

It was a great pleasure to host your learners. The learners seemed appreciative of the opportunity to expand their understanding of the topic, were responsive and asked some interesting questions.

They found the walk through the exhibition, the personal testimonies and the programme in general a deeply moving experience.

Some learners indicated that the programme made them think about how they behave in their own lives and how being aware of stereotypes and prejudice will help them to be aware of and to overcome inadvertently hurtful behaviours.

Many thanks for all the comments and feedback; we will use these to improve on our programme.

Kind regards
Diana

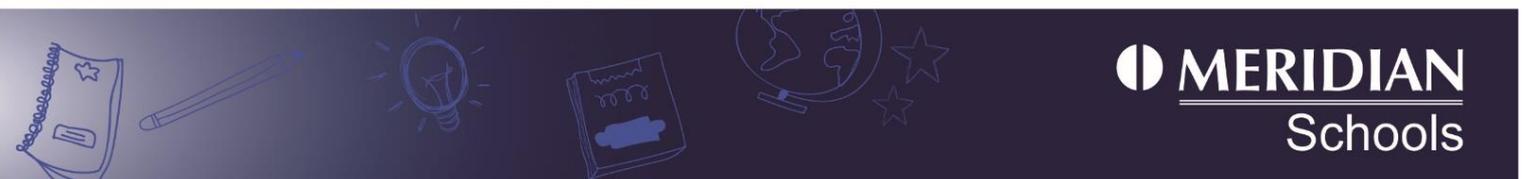


Public Benefit Organisation 18/11/13/2691
88 Hatfield Street, Gardens, Cape Town 8001
PO BOX 2345, Cape Town 8000
Tel: +27 (0) 21 462 5553
Fax: +27 (0) 21 462 5554
admin@holocaust.org.za
www.holocaust.org.za

This Week's Water Saving Tips

Many thanks to Mrs Kelly-Ann Koning for this week's tips:

Some water saving tips that we carry out in our household: Bathing our two kids at the same time, then either throwing the water on the lawn, or into the cistern. Also, only doing full loads of washing. Putting a plastic bucket that can fit into the sink to wash your dishes. Then re using the water in which way you feel fit.





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Sports at Meridian Pinehurst

- 1. Attitude is the Altitude!*
- 2. Encouraging a love for sports*
- 3. Participation in leagues, tournaments and festivals*
- 4. Organising the best Curro / Meridian festivals*
- 5. Positive interaction and integration between the phases of the school*



The above are the targets for sport at Meridian Pinehurst this year. You will see this poster around the school to remind all of us about our goals.





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Sport Report: Week 9

Foundation Phase:

The Foundation phase played Cricket Matches against Curro Durbanville on Thursday, 2 March 2017. The teams that played were the U/7 A & B, U/8 A & B and U/9 A & B. There were some teams that won and some that lost but the point of these matches was to give the youngsters opportunities to PARTICIPATE in Matches. We have received good feedback from the parents and they are happy that there are fixtures taking place for the Gr 1's – 3's. We would like to thank the parents for supporting this event and we hope that they continue to do so.

Also in the same week the U/7, U/8, U/9 and U/10 Athletic Core team took part in the Kendridge Mini-Athletics on Wednesday, 1 March 2017 at Kendridge Primary School. We would like to congratulate and thank the following learners for participating and supporting our school:

**Ian Horstman
Mizael Pemba
Albert Butler
Skylar Brankhorst
Shaye Hendricks
Alakha Arosi
Chloë Steenkamp
Mischa Hendricks
Craig Theron
Aidan Newman
Michaela Spocter
Simona Anthony
Joyce Bambi
Jesse Masimila
Liane van Dyk
Juanita Savel
Caitlyn Johaar
Sarah Fur
Alexia Vosloo
Levina Nyoni
Jayden Jooste
Jenna Jooste
Tayla Khatib
Jesci White
Thumi Mboto
Ethan Adams
Junior Mafamba
Chulu Ndlaz
Licho Diwenga
Thoba Sensaoan
Phuluso Dlanane
Zachary Duimpies**



Our athletes posing with **Mr Jason Roode**



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Intermediate Phase (Primary School):

The U/11 Cricket team played against Kendridge Primary School on Wednesday, 1 March 2017 away. They are congratulated on winning the match by 9 wickets. The U/13's played against Saffier Primary School on Monday, 27 February 2017 and we congratulate the boys on their draw. We would like to wish the U/11's and U/13's good luck for Wednesday, 8 March - they will be playing against Kendridge Primary School and the U/13's will be playing against Durbanville Primary School.

We have started with pre-season winter sports and we are looking forward to this week's practises.

Senior and FET Phase (High School):

The High School's pre-season is on a roll and our players are really getting themselves ready for the winter sports season.

We would like to wish our U/16 & U/19 Soccer team good luck. They will be playing a pre-season exhibition match against Fairmont High School on Wednesday afternoon.



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PRESENTS

COLOUR RUN

30 March 2017 | 11:00 – 14:00 | Grades 4 to 12

High School Colour Run

Information about this super day of fun will soon be sent out. Please put aside the R80 for the event which promises to be even better than last year's.

Uniform Checks

We have had several complaints about labelled school and sport uniform going missing, but not available at the Lost and Found Box. Please make it a habit to check your child's clothing, since often the little ones (and the big ones!) take the incorrect item by mistake, especially if they are changing for sport and/or aftercare.

Tickets to be bought
before 6 March

R80
p.p.

We do return all marked items to the owner, provided the labelling is legible, but at times the missing garments go home erroneously with a learner who assumes they are theirs. On that note please ensure that you mark the item with more than the initials. As you can imagine, there will be many youngsters with the same initials.



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SPORT @ MERIDIAN PINEHURST

WEEK 10: 6 – 10 March 2017

	Foundation Phase Gr R - 3:	Primary School Gr 4 - 7:	High School Gr 8 – 12:
Monday 06	<ul style="list-style-type: none"> Chess: U/9's practice @ 14:45 – 15:45. Tennis: U/7's training is @ 13:45 – 14:30. U/9's training @ 14:30 – 15:15. Mini Cricket: U/7's & U/8's training @ 13:45–14:30, U/9 training @ 14:30 – 15:15. 	<ul style="list-style-type: none"> Cricket: U/11's & U/13's practice @ 14:45 – 15:30. Chess: Gr 4 – 7 practice @ 14:45 – 15:15. 	<ul style="list-style-type: none"> Chess: Gr 8 -12 practice @ 14:45 -15:45
Tuesday 07	<ul style="list-style-type: none"> Chess: U/7 & U/8 practice @ 13:45 - 14:45. Dance Mouse: Gr R practice @ 13:30 – 14:00, Gr 1 & 2 practice @ 14:30- 14:45. Dance Madness: U/9's @ 14:30 – 16:15. 	<ul style="list-style-type: none"> Soccer: Pre-season training @ 14:45 – 15:30. Tennis: U/10 & U/11 training @ 14:45- 15:30. Dance Mouse: U/10 – U/11 @ 14:45 – 15:30, U/12 & U/13 @ 15:30 – 16:15. 	<ul style="list-style-type: none"> Cricket: U/14–U/19 training @ 14:55 – 15:55. Hockey girls: Pre-season training @ 14:55–15:55. Soccer: Pre-season training @ 14:45 – 15:55
Wednesday 08	<ul style="list-style-type: none"> Tennis: U/8's training @ 13:45 – 14:30. U/9's training 14:30 – 15:15. Mini Cricket: U/9 training @ 14:30–15:15 Karate: Gr R training @ 13:15 – 13:45. Dance Mouse: Gr R Ballet @ 13:45-14:15, Gr 1–3 Ballet @ 14:15-14:45, Crew @ 15:00 – 15:55. 	<ul style="list-style-type: none"> CRICKET MATCH Home: U/11's vs Kenridge Primary School. Match starts @ 15:00. Hockey: Pre-season training @ 14:45 – 15:30. Netball: Pre-season training @ 14:45 – 15:30. Rugby: Pre-season training @ 14:45 – 15:30. Cricket: U/13's practice @ 14:45 – 15:30. 	<ul style="list-style-type: none"> SOCCER PRE-SEASON U/16 & U19 MATCH Away vs Fairmont High School. Bus leaves @ 14:40. Rugby: Pre-season training @ 15:00–15:50. Netball: Pre-season @ 14:55-15:55. Hockey boys: Pre-season training @ 14:55 – 15:55
Thursday 09	<ul style="list-style-type: none"> Dance Mouse: Gr R practice @ 13:30 – 14:00, Gr 1 & 2 practice @ 14:30 - 14:45. Dance Madness: U/9's @ 14:30 – 16:15. Art: Gr 2 @ 13:45 – 14:45. 	<ul style="list-style-type: none"> CRICKET MATCH Home: U/13's vs Durbanville Primary. Match Starts @ 15:00. Tennis: U/12 & U/13 training @ 14:45- 15:30. Dance Mouse: U/10 – U/11 @ 14:45 – 15:30, U/12 & U/13 @ 15:30 – 16:15. 	<ul style="list-style-type: none"> Cricket: U/14–U/19 training @ 14:55 – 15:55. Hockey girls: Pre-season training @ 14:55–15:55.
Friday 10		<ul style="list-style-type: none"> Karate: Gr R training @ 16:00-17:00. 	<ul style="list-style-type: none"> Karate: training @ 16:00 – 17:00.





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Thanks to our Parents

Many thanks to our parents who support the school by having their Makro cards linked to Meridian Pinehurst. At the recent rebate function last Thursday, we clinched both the Most Improved and Top School Awards.



Not only is this great publicity for the school, but also a super form of passive income, which is channelled directly back into the facilities on our campus.

If you have not already linked your Makro (and Woolworths) cards, please consider doing so – contact Gizelle Marais at gizelle.m01@curro.co.za for assistance with this.

Dates to Diarise this Week:

Monday, 6 March: Mr Willem Brummer (Regional Head) visits Meridian Pinehurst

Tuesday, 7 March: -

Wednesday, 8 March: -

Thursday, 9 March: Independent Schools' Principals Meeting with WCED

Friday, 10 March: Sibling Photographs

Ms Rafiqua Israel's birthday

Mrs Juliet Otto's birthday

Sunday, 12 March: **Mrs Michelle Hockly's birthday**

Mr Ruan Uys's birthday

Monday, 13 March: **Mrs Stacy Garcia's birthday**

Mr Flip Theunissen's birthday





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We wish you a profoundly spiritual Lent and a happy week. Here are some suggestions quoted in <http://www.unitedmethodistwomen.org/lent/gooddeeds> for 'making your mark' and drawing closer to our Lord in the service of others this Lent or take up this challenge: <https://40acts.org.uk/about/>

GOOD DEEDS for LENT 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Make this Season of Lent more meaningful by doing random acts of good and loving deeds to God, family, friends, strangers and to yourself.			ASH WEDNESDAY¹ Skip a meal and give what you saved to charity	2 Talk with someone you wouldn't usually chat with	3 Do something good to someone in your work place/school	4 Call a distant relative or a friend in need and chat
FIRST SUNDAY 5 Spend an hour in the Adoration Chapel after Mass	6 Ask someone, "How are you?", mean it and listen	7 Refrain from judging others	8 Give someone something just to give a cheer	9 Affirm somebody with the good he/she has done	10 Buy lunch or dinner for a co-worker (ex. janitor, messenger)	11 Learn more about God, your faith and beliefs
SECOND SUNDAY 12 Do something fun & special with your family at home	13 Offer help to people in need all day	14 Smile at everyone and anyone all the time	15 Bring home something special for everyone	16 Refrain from bashing or saying bad things to others	17 Pray for your family, the Church and friends	18 Give away things and clothes that you do not need
THIRD SUNDAY 19 Treat your family with lunch in a park	20 Thank someone who helped you become better	21 Give someone a gift for no reason anonymously	22 Fast from Twitter, Facebook & internet	23 Do or buy something special for yourself	24 Say thank you to people who helped you this day	25 Spend an hour in the Adoration Chapel
FOURTH SUNDAY 26 Spend quality time with the people you live with	27 Be positive, think positive, and say positive words only	28 Be extra kind to someone you do not like	29 Reward someone for a good deed that he/she did	30 Greet warmly every person you meet all day	31 Embrace your mistakes and shortcomings	APRIL 1 Forgive all who had offended you through the week
FIFTH SUNDAY 2 Create a prayer list and spend some time in prayer	3 Uplift & encourage someone who seems depressed	4 Bring something to share in your workplace/school	5 Be earth friendly and encourage others as well	6 Praise and affirm others even in little the things they do	7 Be extra generous in donating to charity or Church	8 Spend some time examining your conscience
PALM SUNDAY 9 Reconcile with God through prayer and the Sacrament	10 Make amends or reconcile with someone	11 Reach out and relate with a difficult person	12 Pray for the Pope, Bishops, priests, all w/ consecrated life	HOLY THURSDAY¹³ Change or quit a bad or unhealthy habit/behavior	GOOD FRIDAY¹⁴ Spend an hour in Church and pray for the people there	BLACK SATURDAY¹⁵ Watch a movie or read a book on spiritual growth
EASTER SUNDAY 16 Celebrate this day in gratitude in the Presence of God with your family	One of the scribes, when he came forward and heard them disputing and saw how well he had answered them, asked him, "Which is the first of all the commandments?" Jesus replied, "The first is this: 'Hear, O Israel! The Lord our God is Lord alone! You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these." MARK 12:28-31 NAB					<p>i am a catholic by heart</p>

Yours in education

Colleen Bentley
Executive Head



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We thank the following businesses for sponsoring this newsletter:



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For more info contact:
Rabie Property Administrators (Centre Management) on 021 550 7000
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shopndropgirl@gmail.com

